

## After School Hoops® by One on One Basketball

Join One on One Basketball at BF Day Elementary for After School Hoops®, an ideal introduction to the most dynamic sport in the world. Our instructors will not only teach your child athletic fundamentals through progressive drills, engaging cardio and fun competitions, but we will use these fundamentals as a platform to teach life-skill lessons that reinforce positive attitudes about effort, respect, cooperation and self-control. After School Hoops® makes three guarantees: your child will learn, sweat and have fun!

3rd - 5th Grade: Thursdays 3:05-4:05

Dates: October 18 - December 13

No Class on 11/22

Cost: \$80 for 8-week program

School Day Off Basketball / Flag-Football Camp at Meadowbrook CC on Friday, October 12<sup>th</sup>!

www.1on1basketball.com

## BF DAY AFTER SCHOOL HOOPS REGISTRATION FORM

Name		
Grade		
Teacher's Name		<del> </del>
Address		
Phone1		
Email		
Please return my child <sup>.</sup>	to After-Care	
•	ked up promptly at end of class	

\*Please make checks payable to **One on One Athletics** and return with this registration form to the After School Hoops folder in the BF Day Main Office.

For scholarship information, contact Stu Michie at (206) 715-3443

You can also register on-line at:

https://www.1on1basketball.com/locations/seattle-washington/programs-listing/After-School